

Body Skills

Good with hand-eye coordination (keyboards, gaming)
Enjoy assembling or building things, based on instructions
Enjoy assembling or building things, based on my gut and creativity
Can fix a car or change a tire
Can build a skateboard ramp or fort
Can build a computer
Enjoy being artistic
Like to cook following a recipe
Like to cook with creativity, no recipe
Enjoy planting and growing
Good with training and taking care of animals
Enjoy working out

Brain Skills

Like to read
Can easily organize things
Enjoy multi-tasking
Like to write
Enjoy problem solving and solving puzzles
Can work with numbers well
Enjoy repetition of tasks
Like to learn and be challenged by new things
Have a great memory
Can envision or think long-term
Like to envision the potential of something or someone
Can be objective about a situation and offer a solution

People Skills

Enjoy a large party and being at the center of it
Like one-on-one conversations
Have few problems with speeches or public speaking
Enjoy talking on the phone
Prefer not to talk on the phone, except when necessary
Like talking and helping strangers
Do not like to be alone
Have no problem assigning work to others and managing that team
Enjoy making decisions
Like to help people
Like to make people feel better or healthier